

CACFP MENU PLANNER: INFANTS

FACILITY NAME:

DATE:

INFANTS: BIRTH THROUGH 5 MONTHS:										
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Food Item	Serving Size	Food Item	Serving Size	Food Item	Serving Size	Food Item	Serving Size	Food Item	Serving Size
BREAKFAST	Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula	
AM SNACK	Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula	
LUNCH	Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula	
PM SNACK	Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula		Breastmilk/formula	

INFANTS: 6 MONTHS THROUGH 11 MONTHS OR WHEN DEVELOPMENTALLY READY:										
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Food Item	Serving Size	Food Item	Serving Size	Food Item	Serving Size	Food Item	Serving Size	Food Item	Serving Size
BREAKFAST Breastmilk/formula Fruit/vegetable Infant cereal and/or meat/meat alt.										
AM SNACK Breastmilk/formula Fruit/vegetable Grain (bread, cracker, infant cereal or ready to eat cereal)										
LUNCH Breastmilk/formula Fruit/vegetable Infant cereal and/or meat/meat alt.										
PM SNACK Breastmilk/formula Fruit/vegetable Grain (bread, cracker, infant cereal or ready to eat cereal)										